PE Long Term Plan 2018/19 – KS1

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Class/Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception – Owlets and Eaglets | Unit A - Travelling | Unit 1 – Stars, Rabbits, Follow my feet, Hickory Dickory Dock, Autumn Leaves | Gymnastics with Mrs Garner | Dance with  Mrs Garner | Unit B – Stretching and Curling | Unit 2 – Icicles and Water, Mr Jelly and Mr Strong, Wriggling William, The Angry Elephant |
|  | Unit 1 – Focus on using bean-bags | Unit 2 – Focus on using a ball | Unit 3 – Focus | Unit 4 – Focus on using ropes, bats and balls | Athletics – Sports Day Practise | Athletics – Sports Day Practise |
| Year 1  Sparrows | Gymnastics with Ann Garner | Dance with  Ann Garner | Unit E – Points and Patches | Unit 2 – March, March, March, Jack and the Beanstalk | Unit F – Rocking and Rolling | Unit 3 – Fog and Sunshine, Washing Day, Handa’s Surprise |
|  | Outdoor Games with Wigan Athletic | Outdoor Games with Wigan Athletic | Unit 3 – Bat/Ball Skills and Games - Skipping | Unit 4 – Developing Partnerwork | Unit 1 - Athletics | Unit 2 - Athletics |
| Year 1/2 –  Robins | Gymnastics with Mrs Garner | Dance with  Mrs Garner | Unit 1 – The Cat, Balloons, Reach for the Stars | Unit 2 – Friends, Bubbles, Shadows | Unit J – Turning – Spinning - Twisting | Unit 3 – Words and word messages, Three Little Pigs |
|  | Outdoor Games with Wigan Athletic | Outdoor Games with Wigan Athletic | Unit 3 – Dribbling, Kicking and Hitting | Unit 4 – Group games and inventing rules | Unit 1 - Athletics | Unit 2 - Athletics |
| Year 2 –  Wagtails | Gymnastics with Ann Garner | Dance with  Mrs Garner | Gymnastics with Mrs Garner | Gymnastics with Mrs Garner | Unit 3 – Words and word messages, Three Little Pigs | Unit J – Turning – Spinning - Twisting |
|  | Outdoor Games with Wigan Athletic | Outdoor Games with Wigan Athletic | Unit 3 – Dribbling, Kicking and Hitting | Unit 4 – Group games and inventing rules | Unit 1 - Athletics | Unit 2 - Athletics |

PE Long Term Plan 2018/19 – KS2

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Year 3 - Blackbirds | Swimming | | | Swimming | Dance with  Mrs Garner | | Unit M – Symmetry and Asymmetry | Unit 2 – The Explorers, The Hornpipe |
|  | Outdoor Games with Wigan Athletic | | Outdoor Games with Wigan Athletic | Unit 3 – Net/Court/Wall Games | OAA – Year 2 | | Unit 1 – Athletics | Unit 2 – Athletics |
| Year 3/4 - Starlings | Outdoor Games with Wigan Athletic | Outdoor Games with Wigan Athletic | | Dance with  Mrs Garner | Dance with  Mrs Garner | | Outdoor Games with Wigan Athletic | Outdoor Games with Wigan Athletic |
|  | Swimming | | Swimming | Swimming | Swimming | | Swimming | Swimming |
| Year 4 - Magpies | Gymnastics with Mrs Garner | Gymnastics with Mrs Garner | | Dance with  Mrs Garner | | Swimming | Swimming | Swimming |
|  | Outdoor Games with Wigan Athletic | Outdoor Games with Wigan Athletic | | Outdoor Games with Wigan Athletic | | Outdoor Games with Wigan Athletic | Unit 1 - Athletics | Unit 2 - Athletics |
| Year 5 - Seagulls | Gymnastics with Mrs Garner | Dance with  Mrs Garner | | Gymnastics with Mrs Garner | | Gymnastics with Mrs Garner | Unit 3 – City Life, Pleased to see you | Unit U – Flight |
|  | Unit 1 – Net/Court/Wall Games | OAA – Year 5 | | Outdoor Games with Wigan Athletic | | Outdoor Games with Wigan Athletic | Unit 1 - Athletics | Unit 2 - Athletics |
| Year 5/6 - Owls | Unit V – Functional use of the limbs | Unit W – Spinning and Turning | | Dance with  Ann Garner | Dance with  Ann Garner | | Unit Z – Holes and Barriers | Unit A – Counter-balance and Counter-tension |
|  | Unit 1 – Invasion Games – Hockey and Football | Unit 2 – Net/Court/Wall Games – Volleyball/Tennis | | Outdoor Games with Wigan Athletc | Outdoor Games with Wigan Athletc | | Unit 1 - Athletics | Unit 2 – Athletics |
| Year 6 - Eagles | Unit V – Functional use of the limbs | Unit W – Spinning and Turning | | Unit X – Matching and Mirroring and Contrasting | Unit Y – Synchronisation and Canon | | Unit Z – Holes and Barriers | Unit A – Counter-balance and Counter-tension |
|  | Unit 1 – Invasion Games – Hockey and Football | Unit 2 – Net/Court/Wall Games – Volleyball and Tennis | | Outdoor Games with Wigan Athletc | Outdoor Games with Wigan Athletc | | Unit 1 - Athletics | Unit 2 - Athletics |

Gymnastics Dance Outdoor Games Athletics OAA